Reflective Practice for Mediators: What is It, and Why it Matters

Sponsored by the Association of Missouri Mediators



Date: April 26, 2024

8:30 a.m. – 12:45 p.m. (luncheon included) Location: KCMBA, 2300 Main Street, Suite 100, Kansas City, MO 64108

This workshop is limited to 30 people.

\$25 for AMM members, \$50 for non-members 2.5 hrs MOBar MCLE. 2.5 hrs Kansas CRDE pending

If interested, contact info@momediators.org to register for the workshop.

Reflective Practice is an approach to learning in which our mediation experiences are systematically considered, and underlying beliefs and assumptions are examined, in order to improve our practices. Assessing the usefulness of assumptions that guide our professional practice is a main goal. This workshop will primarily focus on experiences and challenges from the mediator's perspective. Similar to the mediation process, where the most effective solutions come from the parties themselves, reflective practice groups use encouragement and guidance to help practitioners make self-discoveries using self-determination for self-growth based on their experiences.

Presenter: Rochelle Arms Almengor, PhD

Dr. Arms Almengor is an Assistant Professor of Peace and Social Justice Studies at Berea College in Kentucky. Before joining Berea College, Dr. Arms Almengor was an Assistant Professor in the Dispute Resolution Program of John Jay College of Criminal Justice. She received her Ph.D. in 2018 from the School of Conflict Analysis and Resolution at George Mason University, now the Carter School. She has a B.A. in Religion and Peace Studies from Swathmore College, and an M.A. in International Relations. In addition to being a professor, Dr. Arms



Almengor is a mediator and restorative justice practitioner. She has worked for more than two decades in the United States and overseas in collaborative and restorative justice projects with a variety of groups, including civil society organizations in India, indigenous peoples in Argentina, immigrants and refugees, and homicide offenders and victim survivors in Kentucky. Her work in reflective practice includes workshops to seasoned and beginning mediators, including neutrals in a federal court ADR program.

Resources: Reflective Practice https://www.thereflectivepractitioner.com

The Guide to Reflective Practice in Conflict Resolution by Michael D. Lang, Rowand & Littlefield Publishers (2019) – AMM will have a limited number of copies available at a 45% discount.

Reflective Practice and Mediator Learning: A Current Review by Dr. Rochelle Arms Almengor, 36 Conflict Resolution Quarterly (April 2018)